

Grilled Salmon

Ingredients:

- 1 large salmon, preferably wild
- 2 tbsp grass fed butter
- 2 tbsp extra virgin olive oil
- Juice from half a lemon
- Mixed Italian spices
- 1 tbsp Dijon mustard
- 2 cloves garlic, chopped
- Salt and pepper to taste

Instructions

1. Combine butter, oil, juice, spices, mustard, garlic and salt. Microwave until melted
2. Pour over salmon.
3. Grill or broil for 10-15 min
4. Serve with any sides

