

Healthy Brownies

Ingredients:

- $\frac{3}{4}$ cup cocoa powder
- $\frac{1}{2}$ tsp baking soda
- $\frac{2}{3}$ cup avocado oil
- $\frac{1}{2}$ cup coffee
- 1 egg
- $\frac{2}{3}$ cup sugar
- $\frac{1}{4}$ tsp salt (a pinch)
- 1 tsp vanilla
- $\frac{2}{3}$ cup wheat flour
- $\frac{2}{3}$ cup almond flour
- $\frac{2}{3}$ cup teff flour

Instructions

1. Preheat oven to 350 degrees
2. In a large bowl combine cocoa and baking soda
3. Add oil and coffee, mix
4. Stir in sugar, egg, vanilla, salt.
5. Stir in flours
6. Add chocolate chips and/or walnuts as desired.
7. Bake for 35-40 minutes

