

Healthy Granola

Ingredients:

- 4 cups rolled oat
- 1 cup unsweetened coconut
- ½ cup chopped pecans
- ½ cup chopped almonds
- ½ cup chopped walnuts
- Any other nuts you like
- ¼ cup sunflower seeds
- 1/8 cup each sesame, flax, and chia seeds
- ½ cup water
- ½ cup olive oil
- ¼ cup honey
- ½ cup raisins, ½ cup dried cranberries, any other fruit



Instructions

1. whisk water, oil, and honey
2. mix all the dry ingredients (minus fruit) with wet ingredients
3. Put in a 9x13 baking dish and bake at 325 degrees
4. Stir every 15 minutes and cook for about an hour
5. Removed from heat and mix in fruit