Chocolate Cake



Ingredients:

- 3 pasture raised eggs
- ½ stick grass fed butter
- 4 carrots, shredded
- 3 granny smith or similar apples, shredded
- 5 dates or figs, chopped
- 2 cups almond meal/flour
- 2 cups oatmeal, not instant
- 1 tsp baking soda
- ½ tsp salt
- 1/3 cup cocoa powder
- 1/3 cup pumpkin seed protein or pea protein
- ½ tbsp cinnamon
- 1 tbsp chia seeds
- Optional: walnuts, chocolate chips

Instructions

1. Preheat oven to 350 degrees
2. Shred carrots and apples
3. Chop dates/figs
4. Melt butter
5. Combine all above ingredients
6. Add all dry ingredients and mix well
7. Put in glass baking dish, 8x11, sprayed with oil
8. Cook 30 minutes
9. Cut into squares